

The Performance Institute invites you to a complimentary webinar on:

Introduction to the **RESILIENT & ADAPTABLE LEADER**



Leaders at all levels are being asked to do more with less. Constrained resources have altered the way leaders and organizations carry out their everyday mission. Budgets are cut, employees are laid off, and global competition is a daily challenge in an ever-changing marketplace. Leaders are searching for innovative strategies to help them deal with these immense challenges.

Given the common circumstances, it's time to bring in resiliency and adaptability training for the leader. Developing resiliency and adaptability is the gateway to elite performance. Leaders, at all levels, must embrace the often-overlooked value of resiliency and adaptability training.

This FREE 60-minute webinar will provide participants with information on The Resilient and Adaptable Leader® and how this program can develop their leaders and individual contributors to perform on demand in any situation. The webinar will be followed by a live question and answer period.

Learning points that will be addressed:

- How to develop mental and emotional agility
- What are mental skills fundamentals
- How to develop leaders as agents of change to increase effectiveness
- How to build confidence and resiliency
- How to control energy to maintain your poise during stressful situations
- How to communicate leadership skills to execute in a global environment
- How to integrate simulation with individual performance components
- How to implement a systematic approach to building cohesive teams

TO REGISTER

1. **RSVP by calling 877-992-9521**
2. **Register Online at:**
www.PerformanceInstitute.org/Leader
3. **No tuition fee required!**

Registrations are accepted up to 15 minutes before start time and are valid for one logon and phone line only.

Tuesday, February 21, 2012
2:00 PM Eastern

Duration: 60 minutes
Appropriate for all levels of expertise
This is a complimentary event!

Featuring:

Joe Ross, is a co-founder and Partner at HigherEchelon, Inc. a firm specializing in human and organizational performance. As a prior Director of Center for Enhanced Performance at West Point and then Army Center for Enhanced Performance, Joe has a wide range of experiences with small and large organizations developing their intangible mental assets to increase individual and team performance. HigherEchelon focuses on five industries Government, Healthcare, Pharmaceuticals, Finance and Higher Education. Joe has been involved with resiliency, adaptability and leadership development for the past 14 years. Joe is a graduate of the United States Military Academy at West Point, holds a Masters of Education in Athletic Counseling from Springfield College, and is currently completing his PhD in Organizational Psychology.

Who Should Attend:

- Anyone with direct reports or managing a team
- Executive Leaders
- Managers
- Individual Contributors who want to increase their performance level

Presented by:

